



The Kazim Trust Newsletter

July - September 2019

- *During the summer months Kazim Trust organized a visit to Karachi Zoo. The aim of this visit was to help children understand the importance of taking care of our environment as it has a significant impact on the lives and welfare of animals.*
- *Kazim Trust introduced the second phase of its sign language course. The scope and idea of this course was to build an inclusive society free from all the barriers.*
- *This month we also welcomed Miss Farheen Hassan (Remedial Therapist) as a new Team member at KT.*
- *Kazim Trust visited The Intellectual School for an interactive session on ADHD, Learning Disabilities & Practical Classroom Strategies.*
- *In August we organized an awareness program at the Children's Literature Festival at Arts Council, Karachi.*
- *We also collaborated with Lucky One Mall and organized a volunteered play for Independence Day at the mall.*
- *We visited Infaq Foundation School for an interactive and detailed session on the 'Role of Teachers in a Child's Life'.*
- *At the end of August, we visited the Ziauddin Community (Sikandrabad), to provide one-on-one counseling sessions to children as well as parents.*

Visit to Karachi Zoo

In the month of July, mid of Summer Vacations, Kazim Trust organized a visit to Karachi Zoo for children. The aim was to encourage environmental and academic knowledge along with an awareness about animal habitats and the different species they belong to.

15 children along with their parents were part of this excursion and their transportation to and from the zoo was provided by Kazim Trust.

Introduced the second phase of our Sign-language course

Kazim Trust introduced the second phase of its Sign-language course which is mainly focused on the practical demonstration of Sign-language in society.

It was a 6-day engagement and our Sign-language Interpreter, Mr. Mehsum Raza conducted a very detailed session highlighting its effectiveness in society with a highly practical and informative demonstration.

Approximately 20 attendees were present for our Sign-language training course.

Learning a sign language is proven to be cognitively beneficial to the human brain.



A practical demonstration of Sign-language by a participant



Mr. Mehsum Raza (Sign-language Interpreter) conducting a session at KT

New Team Member

Ms. Farheen Hasan, a renowned remedial therapist has joined the Kazim Trust Family.

She is an experienced consultant with a demonstrated history of working in the primary/secondary education industry and skilled in cognitive remediation & volunteer training.

Kazim Trust is very pleased to have to her as part of our dynamic Team and wish her success at KT.

Visit to the Intellect School

Kazim Trust team went to The Intellect School for an interactive session on 'ADHD, Learning Difficulties & Practical Classroom Strategies'. Our clinical psychologists Ms. Ambreen Ali and Ms. Rabia Gul conducted the session to create awareness regarding effective classroom strategies which a teacher can apply in a classroom or academic setting.



A session at the Intellect School by KT Team member Ms. Ambreen Ali



Interactive activity by Ms. Rabia Gul

Collaboration with Children's Literature Festival

At the start of August, Kazim Trust collaborated with the 'Children Literature Festival' which was organized at Karachi Arts Council. CLF is one of the biggest literature festivals in Karachi catering to approximately 400,000 children from different schools and various educational institutions.

The idea was to create awareness about mental health and to identify one's personality through various mindfulness activities.



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Collaboration with the Children's Literature Festival

Independence Day Celebration at LuckyOne Mall

Kazim Trust organized an interactive street play titled 'Hum Ek Hain' on 14 August Independence Day to spread the message of diversity, inclusion and acceptance through words as well as actions.

The play focused mainly on the acceptance of mental health challenges and the path towards creating an inclusive society.

The volunteers who took part in this production were creative, energetic and enthusiastic. Through this play we created awareness to an audience of approximately 20,000 people. Volunteers were provided with certificates of participation by Kazim Trust post the event.



Independence Day Celebrations by KT volunteers



A street play at Lucky One Mall

Awareness Session at Infaq Foundation School

Our outreach head Ms. Samira Sadiq and clinical psychologist Ms. Ambreen Ali conducted a workshop at the Infaq Foundation School on the 'Role of teachers in a child's Life'.

The session lasted 2 hours and focused primarily on the therapeutic techniques and strategies by which a teacher can detect early signs and symptoms of a student's academic challenge in their classroom.



An interactive session at Infaq foundation



Motivating teachers for an inclusive society

Visit to Ziauddin Community Centre (Sikandarabad)

Kazim Trust conducted a motivational session on inclusion at the Ziauddin Community Center in Sikandarabad along with one-on-one counseling sessions which included both children and their parents.



A community development session at Sikandarabad

We do not encourage funds, aid or donations.

We hope you enjoyed this version of our newsletter. Please check our website for events that we have planned on www.kazimadhdtrust.org

We would love to hear from you!

Please write to us at info@kazimadhdtrust.org if you would like to speak to one of our team members to participate in any future events or would just like some general information on the services Kazim Trust provides.

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